



FOR IMMEDIATE RELEASE

Kingston Liberal Synagogue Press release: 23rd April 2009

Help with Depression: Local Synagogue runs seminar

Kingston Liberal Synagogue hosted a special seminar on depression on 26th April. This is a first venture bringing together local synagogues across the dominations. Organised primarily by Kingston Liberal Synagogue and North West Surrey Synagogue, it is designed to bring the Jewish Mental Health team into local Jewish communities. Initially there will be three seminars in all: on Depression*, Cancer Care** and Drugs and Alcohol abuse***.

The aim is to bring the help and expertise of specialist care and advisory services in every case directly into communities which may benefit. Interested congregants will be able to share experiences and queries and learn from each other and from the agencies offering them help.

Charley Baginsky, rabbi of Kingston Liberal Synagogue, said: I am very excited about this event. Not only is it bringing together all the Jews of South London across the denominations, but it is allowing people to talk about subjects that have for too long been taboo in the Jewish community. Most importantly, it is recognising that there are resources available to the Jews of South London and Surrey to help them in times of need and crisis.

* at Kingston Liberal Synagogue, April 26th

** at North West Surrey Synagogue, on 14th June, led by Chai Cancer Care

*** on 8th November, venue tba.

About Kingston Liberal Synagogue (more at www.klsonline.org)

Founded in 1967, KLS is a local Jewish community of several hundred people who meet regularly for prayer, education and social events. It has recently celebrated its 40th anniversary and is led by Rabbi Charley Baginsky. KLS members live in and around Kingston, Surbiton, New Maldon, Elmbridge, Wimbledon, Richmond, Twickenham and Teddington.

About North West London Synagogue (more at www.nwss.org.uk)

North West Surrey Synagogue was founded in 1967 in Weybridge. Members came from both orthodox and progressive backgrounds. Our first Rabbi was Rabbi Dr. Tony Bayfield who came as a student at the Leo Baeck College and who is now Head of the Movement for Reform Judaism. Our second Rabbi was Rabbi Fred Morgan, who after twelve years with the community moved to Australia. Our third Rabbi, Rabbi Jacqueline Tabick who still leads the community moved to Weybridge from West London Synagogue.

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